

Staff News: Take 5

Friday 4 September 2020

Welcome to this week's Take 5, our weekly staff update, designed to bring you our latest news summary in a five minute read.

Your weekly coronavirus update



The First Minister this week announced a ban on indoor household visits for anyone in the Glasgow city, West Dunbartonshire and East Renfrewshire areas.

The restrictions came into effect at midnight on 1 September and are set to continue for two weeks with a review after the first week. During this period, no one in these areas should visit another household indoors – this includes travelling to homes in other areas.

We know this will impact many of our staff who live or have family or friends in these areas. You can find advice for staff living in local lockdown areas at www.renfrewshire.gov.uk/coronavirus-staff.

No matter where you are, it is vital that you stick to the FACTS: Face coverings | Avoid crowded spaces | Clean hands and surfaces regularly | Two metre physical distancing from others | Self-isolate and book a test if you develop symptoms.

For more information on all the latest guidance visit <https://www.gov.scot/>

Free phone line to support Renfrewshire residents



Renfrewshire Health and Social Care Partnership (HSCP) and RAMH (Recovery Across Mental Health) have created a free telephone support line to help people talk about how they are feeling during the Coronavirus pandemic.

Stephen McLellan of RAMH said, 'We are aware that many people are worried about the effects of coronavirus...and are looking to speak to someone about their feelings'.

The line is open Monday to Friday from 9am to 5pm on **0800 221 8904** with experienced staff on hand to offer advice, information, links to resources and other supports available throughout Renfrewshire.

If you have any family or friends in Renfrewshire, make sure you let them know this free support is on offer. Find out more at www.renfrewshire.hscp.scot/ramh

Don't forget our Time for Talking Counselling service is also available to council staff 24/7 at www.timefortalking.co.uk or call **0800 970 3980**

Spotless September



This month, hundreds of Team Up to Clean Up volunteers are set to take on local litter bugs and they need your help to make Renfrewshire a little bit brighter.

We can't host any mass events this year, but we can provide individuals or small groups with the sanitised equipment they need to head out on their own litter picks.

Whether you collect one bag or one hundred bags, it all makes a difference so please get involved.

We will come and take your litter away at the end of each collection so all you need to do is pick a time, a place and get out there!

Your safety is paramount, so if you are taking part please make sure you follow the latest public health guidance at all times.

Find out everything you need to know at www.renfrewshire.gov.uk/SpotlessSeptember

Doors Open Days and Paisley Radicals



We've got two fantastic opportunities coming up to celebrate Renfrewshire's history and heritage...

Unfortunately, we can't have our traditional Doors Open Days events this year with coronavirus restrictions still in place.

But you can still get a sneak peek inside some of Renfrewshire's favourite heritage buildings from the comfort of your own home – with new video footage and images made available online from this weekend (5-6 September) on our Paisley.is website.

Paisley also has a rich history of radicalism stretching back hundreds of years – and next week, the Paisley.is website will also commemorate the 1820 Radical Rising.

The town played a crucial role in the turbulent events of that year, and has continued to celebrate its radical traditions in the 200 years since.

Look out for some fascinating insight into this remarkable piece of history at www.paisley.is

We are great collaborators



"Collaboration is at the heart of what we do. Working with people from right across the council, to come together and find new innovative ways to connect with our audiences".

This week, assistant communications officer, Lauren Cunningham, explained why collaboration, working as one team and with people who care about this place is so important and central to her role.

For Lauren, it's about coming together to work with colleagues, helping them reach their goals and everyone celebrating and sharing in their achievements and successes together.

Don't miss Lauren's short film and profile along with information on how you too can get involved at www.renfrewshire.gov.uk/greatcollaborators



Our Health, Safety and Wellbeing at Work webpage is there to provide you with information and contacts to help you keep well during this time.

Visit: www.renfrewshire.gov.uk/health-safety-wellbeing



Don't forget, we'd love to hear from you!

If you have a story to tell or something interesting to share, get in touch with us at: internal.communications@renfrewshire.gov.uk