

# Coronavirus (COVID-19)

## Physical Distancing

**Wherever possible keep 2m (6ft apart)**



### Good hygiene in the workplace

To avoid the spread of illness, you should follow the advice below when at work:

- Regularly clean and disinfect anything you touch frequently, such as surfaces, telephones, keyboards, door handles, desks and tables;
- Wash your hands often with warm water and soap, or hand sanitiser. Employers should ensure that hand washing and drying facilities are available for all staff, contractors, service users and visitors;
- All items in shared kitchen areas should be cleaned with warm water and detergent and dried thoroughly;
- No food, such as crisps and sandwiches, should be left open for communal sharing unless individually wrapped
- If required, wear appropriate Personal Protective Equipment according to local instructions